

聖博諾思天主教學校



“经验美国~全套课程” “Experience U.S.A – *The Complete Package*”

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聖博诺思天主教学校



经验美国课程

聖博诺思天主教学校的经验美国课程提供给国际学员既安全又纪律的学习环境。每位学员都能得到个别指导，保证他们能成功转入美国的学习系统。聖博诺思的经验教师和语言专家设计形成的课程中，使用“全身浸入”的多样化语言学习概念并且带领学员深入了解美国文化，活用英文。

The Experience USA Program

St. Bernard's Catholic School's Experience USA Program provides a safe and disciplined academic environment for international students. Each student receives the individual attention to ensure successful transition into the American school system. Students gain a heightened understanding of American culture and actively use the English language through a diversified immersion program designed by St. Bernard's experienced educators and language specialists.

教学方式

聖博诺思认知每个人都像种子一样，拥有隐藏的潜能。经验美国课程是为释放并培养潜力而设计的。在各项活动的设计中，都考虑到提高与修养语言的发挥以及沟通技术，使学员在其他的活动中接触并经验美国文化。语言和文化的学习使国际学员成功、愉快的融入美国学校和社会群体。

教学包含演说、研究、写作、句法、听力练习、随从指导、发音、词汇、课堂观察、体育、美国历史、和周末文化活动。

Teaching Approach

St. Bernard's recognizes that each person is a seed with hidden potential. The Experience USA program is designed to discover and nurture this potential. Activities are designed to draw out and hone language and communication skills. Other activities expose students to cultural experiences. Language and cultural learning allow international students to successfully and happily merge into American schools and society at large.

Instruction includes oral presentation, research, composition, syntax, comprehension exercises, following instructions, pronunciation and vocabulary acquisition, classroom observation, physical education, American history and weekend activities to experience American culture.

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期待和结果

初级英语表达能力的学员经激烈、全面、以及包含加强听力和表达培训的英文课程。老师教导学生所需要的听说读写能力，学员并被要求随时运用英语。

经验美国课程最终目的为进展学员的语言技术和文化了解，直到他们能借此进入并成功在美国的私立或天主教学校自由发挥。

Expectations and Outcome

Students with novice English speaking abilities go through a rigorous and comprehensive English language program that includes intense training in comprehension and delivery of the English language. Teachers instruct students in the listening, speaking, reading and writing skills needed, and students are expected to speak English at ALL TIMES.

The end-goal of the Experience USA program is for students to have advanced their language skills and cultural understanding to a level where they can be admitted to and successfully advance in a private or Catholic school in the United States.

文化交流

学员获得语言能力的同时，也获得文化的了解。这个了解帮助学员融入学校社会，并赋予给他们社会交流技术，使他们在美国的学习经历更加愉快。

学习不仅涉及到语言，当人类在非恶劣的环境中被鼓励竞争达到并超越目标。离开家园的学生已对陌生群体中的新环境保留一定的恐惧，缺乏对文化的理解能造成一种恶劣环境，而必须两面解决。聖博诺思的教育者认知在海外学习的挑战和双方被社会接受的需要，所以邀请本地学员参与国际学员相似的文化交流活动。这些活动牵涉到接触文化障碍并铺好多样文化的社会中，有意义的友谊道路。

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Cultural Integration

With language acquisition comes an understanding of culture. This understanding helps students merge into school society, providing them with social skills that make their learning experience in the United States more pleasant.

Learning involves more than language. People thrive in an environment where competition to reach and surpass common goals is encouraged in a non-hostile environment. Students who are away from home already have an amount of apprehension associated with being in a new environment amongst strangers. Lack of cultural understanding can create a hostile environment and must be approached from both sides. Educators at St. Bernard's recognize the challenges of studying abroad and the need for social acceptance on both sides of the fence. Local students participate in cultural awareness programs similar to those we use for international students. These programs are geared to remove cultural barriers and pave the way for meaningful friendships in a culturally diverse society.

课程教材

- 美国历史课本
- 世界地理课本
- 数学课本

Coursework Materials

- US History Textbook
- World Geography Textbook
- Math Textbook

交差

1. 经由“全身浸入”的语言教学方式精通于英文
2. 日常课程以及实际使用英语听、说、读、和写
3. 文化交流活动
4. 周一到周五每天4-5个小时的上课时间
5. 每周四天参与观察至少一节高学籍的课程
6. 中午和休息时间与全体学员交流

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7. 课后TOEFL/SAT/SSAT考试准备课程
8. 美国地理中个别组成的州
9. 美国历史中宪法、开国元勋和美国政府政策
10. 周一到周五每日上90分钟的体育课
11. 保证学员彻底了解课程内容的学业支持
12. 教育学员有关天主教学校中备课学校学员该有的穿着、卫生习惯和用语
13. 学生将拿到课程所需的课本和辅助教材
14. 每周的学习评估通过邮件发给学员和学员家长
15. 成功完成课程的学员收到结业证书
16. 在学员成功完成经验美国课程时，协助学员申请入学天主教学校或私立学校和整个入学过程
17. 学员根据聖博諾思学校的医生和护士的指示接受医疗照顾。严重病情需争取校外医疗。

Deliverables:

1. English language mastery through total immersion
2. Daily instruction and practical application of English listening, speaking, reading and writing
3. Cultural activities
4. 4-5 hours of class each day Monday-Friday
5. Attendance in at least one upper school class period four days per week
6. Immersion with general student body during lunches and breaks
7. After school TOEFL/SAT/SSAT preparation classes
8. US Geography instruction on the individual states comprising the United States
9. US History, including the Constitution, the Founding Fathers and US Government Policies
10. Physical Education: students have 90 minutes of physical exercise daily Mondays-Fridays
11. Access to additional academic support to ensure thorough understanding of curriculum content
12. Education regarding clothing, hygiene and language acceptable and expected of a prep school student in a Catholic school
13. Students receive all textbooks and study guides for required coursework
14. A weekly progress report is given to students and their parents (via email)
15. Student is awarded with a certificate of successful completion
16. Assistance with the application and admission process into a Catholic school after successful completion of the Experience USA program
17. Students receive medical care as determined by St. Bernard's Physician and Nurse Practitioner. Serious conditions require off-campus medical attention

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学员负责：

1. 购买学校指定的学习用品包括：
 - 笔记本电脑（参课前）
 - 写作用品
 - 笔记本
 - 电子翻译机
2. 购买以下的书籍：
 - Webster's英文字典
 - Webster's拼字字典
 - Webster's词库
 - Webster's语法指南
3. 抵达时，购买床上用品（枕头、床单、被子）
4. 医疗保险
所有国际和寄宿学员须有全面的医疗保险。学员到校前必须提交医疗保险证明备份给聖博诺思天主教学校。到校之前未提交医疗保险的学员需支付医疗费\$1500。医疗费不退费。
5. 为保证安全的学习环境，出门之前和返回学校后必须告知宿舍管理员。
6. 到校时支付\$1000美元可退费的押金（抵押未知设施破坏，遗失，或被偷情况的未知费用）

Students are Responsible for:

1. Purchase of study aides determined by the school, these include:
 - Notebook or Laptop computer (prior to attending program)
 - Writing materials
 - Notebooks
 - Electronic Translator
2. Purchase of the following:
 - Webster's English Dictionary
 - Webster's Spelling Dictionary
 - Webster's Thesaurus
 - Webster's Grammar Guide
3. Purchase bedding upon arrival (pillow, sheets and blankets)
4. Medical Insurance
All international and boarding students are required to possess full medical coverage. Evidence of this coverage must be submitted and placed on file with St. Bernard's Catholic School prior to

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arrival. Students who fail to secure medical coverage prior to arrival pay a non-refundable medical coverage fee of \$1500.

5. Students are required to check in and out with dormitory personnel to ensure a safe learning environment
6. Refundable \$1000 deposit upon arrival (to cover for unforeseen expenses resulting from property damage, loss or theft)

进度评估和考试

1. 周演讲
 - 学员每周需要演讲，学院也需要提供文字版
 - 演讲评分根据流利、发音、句法、声音、对眼、肢体语言和内容
2. 周评估
 - 每周的评估有教师编写，交给学员、学员家长以及招生机构
3. 期终考试
 - 学员需要参加标准考试确定课程的掌握程度
 - 80%分以上表示成功完成经验美国课程

Progress Evaluation and Testing

1. Weekly Oral Presentation
 - Students are required to give a weekly oral presentation and submit a written version of this presentation.
 - The oral presentation is graded for eloquence, pronunciation, syntax, voice level, eye contact, body language and content
2. Weekly Evaluation
 - A weekly evaluation is completed by instructors and delivered to students, their parents and their recruiting organization
3. Final Exam
 - Students are required to take a standardized test to determine comprehension of presented material
 - A score of 80 or above determines successful completion of the Experience USA program

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日常课程安排

上午 8:15	开始上课收集作业	开始上课收集作业	开始上课收集作业	开始上课收集作业	开始上课收集作业
上午 8:30	阅读复习	数学练习	数学练习	数学练习	数学练习 (到9点)
上午 8:45	数学练习				
上午 9:00		近期事件探讨		近期事件探讨	词汇考试
上午 9:15	聖博諾思英文课程	写作 (45分钟)	聖博諾思英文课程	写作 (45分钟)	演说练习 (25分钟)
上午 9:30					
上午 9:45					
上午 10:00	课间休息 (9点55分)	课间休息 (9点55分)	课间休息 (9点55分)	课间休息 (9点55分)	课间休息 (9点55分)
上午 10:15	上课 (10点10分)	上课 (10点10分)	上课 (10点10分)	上课 (10点10分)	上课 (10点10分)
上午 10:30	英文复习课	词汇-反义词/同义词	英文复习课	演说练习 (45分钟)	演说练习 (45分钟)
上午 10:45	读报		读报		
上午 11:00					
上午 11:15	词汇介绍和定义	团体讨论	词汇句型	聖博諾思数学课程	社会课小考
上午 11:30					
上午 11:45					
下午 12:00	收集演说主题	数学复习	午餐 (12点05分)	数学复习	写作 (45分钟)
下午 12:15		社会			
下午 12:30			上课 (12点40)		
下午 12:45	午餐 (12点50)	午餐 (12点50)	社会课	午餐 (12点50)	午餐 (12点50)
下午 1:00					
下午 1:15	上课 (1点25分)	上课 (1点25分)		上课 (1点25分)	上课 (1点25分)
下午 1:30	写作 (30分钟)	体育课 (1点25分到2点10分)	写作 (30分钟)	体育课 (1点25分到2点10分)	写作 (45分钟)
下午 1:45					
下午 2:00			复习周四的作业: 近期事件记录、词汇、演讲、等等 (10分钟)		
下午 2:15	电脑操作	电脑操作		电脑操作	电脑操作
下午 2:30				演说练习	演说
下午 2:45	复习周二作业: 近期事件、词汇	复习周三作业: 演讲、造句、阅读、写作		复习作业: 周五考试、词汇考试、演讲、社会小考	复习作业: 记录、阅读
下午 3:00					体育课 (到四点)

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Daily Schedule

8:15 AM	Class Start/Collect HW	Class Start/Collect HW	Class Start/Collect HW	Class Start/Collect HW	Class Start/Collect HW
8:30 AM	Reading Review	Math Warm-Up	Math Warm-Up	Math Warm-Up	Math Warm-Up (to 9)
8:45 AM	Math Warm-Up	Current Events Discussion		Current Events Discussion	Vocabulary Test
9:00 AM					
9:15 AM	English Class at High School	Writing Workshop (45 minutes)	English Class at High School	Writing Workshop (45 minutes)	Oral Presentation Practice (25 minutes)
9:30 AM					
9:45 AM					
10:00 AM	Break (9:55)	Break (9:55)	Break (9:55)	Break (9:55)	Break (9:55)
10:15 AM	Resume Class (10:10)	Resume Class (10:10)	Resume Class (10:10)	Resume Class (10:10)	Resume Class (10:10)
10:30 AM	Review English Class	Vocabulary – Antonyms and Synonyms	Review English Class	Oral Presentation Practice (45 minutes)	Oral Presentation Practice (45 minutes)
10:45 AM	Newspaper Time		Newspaper Time		
11:00 AM					
11:15 AM	Vocabulary Introduction & Definitions	Group Discussion	Vocabulary – Sentence Formation	Math Class at High School	Social Studies Quiz
11:30 AM					
11:45 AM					
12:00 PM	Oral Presentation Topics Collected	Review Math Class	Lunch (12:05)	Review Math Class	Writing Workshop (45 minutes)
12:15 PM		Social Studies			
12:30 PM			Resume Class (12:40)		
12:45 PM	Lunch (12:50)	Lunch (12:50)	Social Studies	Lunch (12:50)	Lunch (12:50)
1:00 PM					
1:15 PM	Resume Class (1:25)	Resume Class (1:25)		Resume Class (1:25)	Resume Class (1:25)
1:30 PM	Writing Workshop (30 minutes)	Physical Education (1:25 – 2:10)	Writing Workshop (30 minutes)	Physical Education (1:25 – 2:10)	Writing Workshop (45 minutes)
1:45 PM			Review HW for Thursday: Current Event Journal, Vocabulary, Speeches, etc. (10 minutes)		
2:00 PM					
2:15 PM	Computer Work (2:10 – 2:35)	Computer Work		Computer Work	Computer Work
2:30 PM				Oral Presentation Practice	Oral Presentation Intro
2:45 PM	Review HW for Tuesday (current affairs, vocabulary)	Review HW for Wednesday (speeches, sentences, reading, WW)		Review HW; Tests for Friday (vocabulary test, oral presentations, ss quiz)	Review HW for Monday (Journals, Reading)
3:00 PM					Physical Education (3:00 – 4:00)
4:00 PM					

经验美国课程 Experience USA Program Offerings

夏期 Summer Term:	6月15日到8月10日 June 15 th – August 10 th (seven weeks)	\$12,500
秋期 Fall Term:	8月15日到12月20日 August 15 th – December 20 th (eighteen weeks)	\$19,350
春期 Spring Term:	1月5日到6月1日 January 5 th – June 1 st (twenty-one weeks)	\$19,350

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条件

- 经聖博诺思的人员管理的面试，满意表现说和理解英语能力
- SLEP考试40分以上

Eligibility

- Satisfactory demonstration of English speaking and comprehension ability through an interview administered by St. Bernard's staff
- SLEP score above 40

转校手续和学校安排

聖博诺思与在美国各地的私立学校和天主教学校保留良好的关系网。聖博诺思学校校长室的人员和顾问直接协助在美国求学的学员认定并完成入学手续。只要聖博诺思学校的宿舍有空间，经验美国课程的参与者拥有优先权继续在聖博诺思就读。

成功完成聖博诺思学校经验美国课程的学员不必考SLEP或TOEFL就可以进入我们合作伙伴的教学机构。

Transfer and School Placement

St. Bernard's has excellent relationships with private and Catholic schools throughout the United States. St. Bernard's President Office staff and advisors directly assist students seeking enrollment in these schools to identify and complete admission processes. Experience USA program participants have first priority for acceptance at St. Bernard's Catholic School, as long as there is room available in the dormitory.

Students who successfully complete the Saint Bernard's Experience USA program will be accepted into any of the 12 schools we partner with without needing to take the SLEP or TOEFL exams.

申请入学

有兴趣者请将书面申请发给 Raena Mullen 的邮件信箱：mullan@saintbernards.us.

Application

To apply, please send a written request to Raena Mullen, Director of International Admissions at mullan@saintbernards.us.